



Xochikalli Jóvenes de Palabra

PURPOSE

Xochikalli is based on the philosophy that young women need a support system, their family, and community to care for, assist, heal, and guide them to successfully transition to adulthood.

CORE TEACHINGS

Conocimiento

(Acknowledgement), which addresses social & cultural attachment.

Entendimiento

(Understanding), which addresses social & behavioral factors such as violence & aggression as well as the ability of youth to focus on goals.

Integración

(Integration), which addresses factors in the broader culture that may lead to feelings of isolation & sadness.

Movimiento

(Movement), which addresses how the physical & emotional aspects of teenagers' lives intersect.

PROGRAM OVERVIEW

Xochikalli is a sixteen week comprehensive youth leadership development program for adolescent young women ages 14-19, based on the nationally recognized Joven Noble curriculum written by Jerry Tello. Xochikalli supports and guides young women through their "rites of passage" process while focusing on the prevention of substance abuse, teen pregnancy, relationship violence, gang violence, and school failure.

Workshop Sessions:

- ✓ Conocimiento
- ✓ Defining What It Means to be a Woman
- ✓ Healthy Relationships
- ✓ Pregnancy Prevention
- ✓ Substance Abuse Prevention
- ✓ Goal Setting/ Decision Making
- ✓ Defining Palabra
- ✓ Identity
- ✓ Anger Management
- ✓ STI's (Sexually Transmitted Infections)
- ✓ Violence Prevention
- ✓ Graduation Ceremony

LOCATION / DAY & TIME:

Latino Center of the Midlands
4821 South 24th St. Omaha, NE 68107
Thursdays / 5:30 - 7:00PM

Bryan High School
4700 Giles Road Omaha, NE 68157
Wednesdays / 3:15 - 4:45PM

QUESTIONS:

To learn more about Xochikalli, please contact Carmen Chagolla or Magda Bätz at 402-733-2720 ext 1225.